

If you feel that you are being bullied: -

**DO:**

- \* Tell them that it is not OK and to STOP if you can
- \* Ignore them at the time
- \* Walk away
- \* Talk to a friend who you trust
- \* **TELL A GROWN-UP.**



**DON'T:**

- \* Get angry or look upset
- \* Hit them or fight back
- \* Keep it to yourself
- \* Think it's your fault

**What should I do if I see someone else is being bullied?**

- \* Support the person being bullied – you could offer to play with them.
- \* Tell the bully to stop if it is safe to do so.
- \* Tell an adult. Do not try to solve it yourself.
- \* Don't stay quiet or the bullying will keep happening.

**Our Headteacher, Governors and school staff will work together to:**

- \* Ensure our school is a place where everyone can feel safe and happy.
- \* Help everyone to get along and solve any differences they have.
- \* Make sure any bullying is stopped.



Growing together. Learning together. Achieving together



**Our Child-Friendly  
Anti-Bullying  
Policy**

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## What is Bullying?

In our school, a bully is someone who is deliberately mean over and over again.

A bully will do things on purpose to hurt, frighten or upset another person.

### Bullying can be:-

- \* Emotional: Hurting people's feelings, leaving you out
- \* Physical: Punching, kicking, hitting, pushing
- \* Verbal: Being teased, name calling
- \* Racist: Calling you racist names
- \* Cyber: saying unkind things by text, e-mail and on other social media like Facebook.

## When is it Bullying?

Several

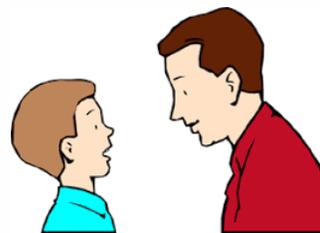
Times

On



Purpose

We will always treat bullying seriously



## Who can I tell?

- \* Mr Brown
- \* Mrs Carr
- \* Miss Attenborough
- \* Your teacher
- \* Your teaching assistant
- \* An adult at home
- \* A friend who you trust
- \* Midday supervisors
- \* Any person who you trust.

